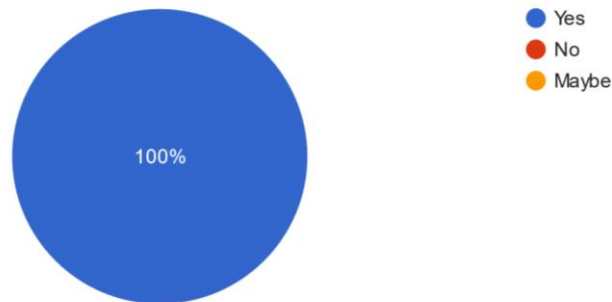


ELSA Training Review / Feedback (2021 – 2022)

This document reports feedback taken from data collected from training and registered ELSA's who were trained by Summit Psychology Services and partake in regular supervision sessions. Delegates were gathered through an opportunity sampling method.

1. Would you recommend ELSA accredited training and supervision with Summit to other practitioners?

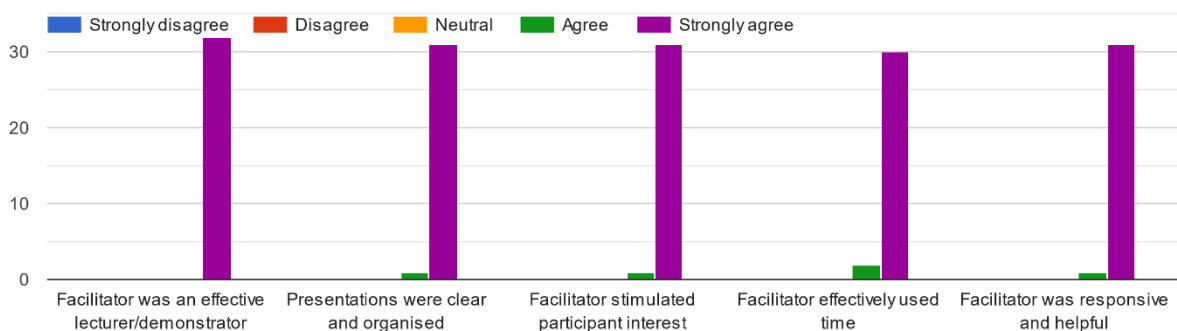
All delegates reported that they would recommend Summit's ELSA accredited training and supervision to other practitioners.



2. Skill and responsiveness of the lead trainer: Dr Dawn Bradley

This question asked upon delegates to rate the skill and responsiveness of the lead trainer – Dr Dawn Bradley. 100% of delegates reported that the trainer was an effective lecturer/demonstrator. Furthermore, >90% reported that; presentations were clear and organised, the facilitator stimulated participant interest, the facilitator effectively used time, and that the facilitator was responsive and helpful.

Skill and responsiveness of the lead trainer: Dr Dawn Bradley



3. Contribution to learning

The question explores to what degree delegates perceive the training to have contributed to their learning. The question is rated using a 6-point scale ranging from *poor* to *exceeded expectations*.

At the beginning of training, the majority of delegates reported that their level of skill/knowledge could be considered satisfactory. Comparing this to after training was completed, the majority of delegates indicated that their levels of skill/knowledge could be

considered *excellent* – with a higher number of participants reporting *Exceeded Expectations*. The majority of delegates that the contribution of training to their overall knowledge could be considered to be excellent and exceeding expectations.



4. Testimonials

The following question was asked openly of delegates where they were asked to write about their experience as an ELSA. Delegates wrote about a variety of subjects which ranged from their thoughts of training and supervision to the observed effect that their work has already had on the young people in their care.

- “Being an ELSA has been so important for the children in our school especially over the last 18 months and it has been equally important for me. ***I have learnt so much and grown in confidence*** which in turn helps the children in school too. A win win!”
- “***ELSA training has helped me to help some of our more vulnerable children cope*** with the many challenges they have experienced in their lives. The ***feedback from parents*** on how successful the sessions have been proves what a ***valuable tool*** we are providing in supporting our young people. An excellent form of training and support that enables us to help others in our care.”
- “My ELSA training was fantastic. ***It equipped me with a range of practical skills, underpinned by a secure theoretical foundation.*** The sense of community provided by supervisors and fellow ELSA's is so supportive and there is ***always someone on hand to offer help and advice.***”
- “***This training is a must for every school.*** Having the right ***passionate, committed, empathetic person trained will benefit the lives of many children and families.*** An absolute essential role and training to undertake.”
- “It is a fantastic thing to do and helps you to help so many children. ***A fabulous opportunity to learn from friendly and welcoming professionals with a wealth of knowledge.*** The course is intense but definitely worth it, with excellent support and supervision offered throughout your time as an ELSA.”
- “I feel very passionately that the role of an ELSA within schools is something that all schools should adopt, I enjoy my ELSA work and would ***recommend that anybody considering completing the course to do it with Summit, it's an amazing network of people to become a member of.***”

- **“The ELSA training was invaluable to me in my role as an LSA in a secondary school, now more than ever! The trainers were dedicated, knowledgeable and understanding, my experience has been greatly impacted by their incredible support and dedication to us and the children and young people we work with.”**
- **“This ELSA training has not only been undoubtedly the most important development course since commencing my role within a schooling environment but has also had a positively profound impact on my own emotional wellbeing.”**
- **“Dawn is an absolutely exceptional human being and her passion to make a difference is inspirational. I am always looking forward to my next ELSA supervision session which gives you an opportunity to constructively reflect on your practice, developing your social-emotional toolkit for supporting young people in creative and imaginative ways. A growing ELSA community provides further access to ongoing professional support and emotional reassurance to ensure that you can confidently fulfil your practitioner role within school.”**
- **“I honestly can’t fault the training, it’s thorough, it’s incredible, interesting, and insightful. You learn about yourself as well as those we are trying to help. It’s incredibly rewarding when you see that the work you have done with a child has helped them. So many children desperately need help with their emotional needs and this programme offers help and support for those who need it.”**
- **“The Summit ELSA training provides a deep understanding in all areas explored so it allows a better understanding of the child’s mindset and how to approach the issue to the best of your ability and to give the child the maximum support that can be provided. It is such an important role within school and the results have confirmed this personally. Being an ELSA is not just about knowledge and understanding but provides you with an amazing network of professionals with a bank of knowledge and ideas if needed alongside access to beneficial resources.”**
- **“The experience, and training days are invaluable. Each section of training builds upon the previous layer of training. The use of videos, active discussions, and support materials not to mention the wealth of personal and professional experience offered by Dawn Bradley is fantastic. At the end you have an invisible rucksack of resources to support children. The learning really only begins with once your journey supporting children begins. The community of ELSAs with its amazing, informative resources and personal experiences is a gem of priceless information. Being part of this ELSA community you are never on the journey alone!”**
- **“Becoming an ELSA has made me feel a greater level of job satisfaction because I am supporting the learners in a very different way. It also gave me a better understanding about supporting my own mental health and provided me with skills to have a better work life balance.”**
- **“Becoming an ELSA has literally changed my role in school! Because of the nature of ELSA, the supervision, the excellent training etc., I have felt so confident and really embrace the ELSA way in my work life. I believe I have supported children in the most efficient ways possible, I can assess and evaluate my work. This is all down to how ELSA has been delivered and the ongoing ELSA Supervision.”**