

CPD Training and Development



Every year we train hundreds of people in relational care, attachment and trauma, ELSA and Emotion Coaching. Training lead Dr Dawn Bradley has been consistently evaluated over the years as outstanding by academy trusts, teacher training schools, virtual schools, education professionals, foster carers, and social care professionals. Dawn offers key notes for regional conferences for virtual schools and other organisations, regularly collaborating with Geese Theatre for larger regional events.

Summit training and workshops are provided by highly skilled and knowledgeable psychologists and therapists, drawing from a wide range of paradigms, evidence bases, frameworks, and years of professional practice. We bring the theoretical and then explore how the tools and resources provided can be used to support our most vulnerable children and young people in practice.

Specialist Attachment and Trauma Training Offers

- Adverse Childhood Experiences (ACEs)
- Developmental and Relational Trauma
- Risk and Resilience Mapping: Identifying Protective Factors and Strength Based Approaches
- Pre-natal Development and Brain Development (birth to adolescence)
- Toxic Stress: The Body, Mind, and Behaviour
- Attachment and Affect Regulation: How Emotional Development can be Disrupted
- Teaching Emotional Regulation, Co-regulation and Self-Soothing
- Emotion Coaching
- ELSA (Quality Marked)
- Relational Support in Schools: How to Create Trust and Safety
- Belonging Needs, Social inclusion, and Social Skills
- Understanding Behaviour: Survival Adaptations and Stress Responses
- Attachment Theory
- Executive Functioning and Language Development
- Relational Care, Social Engagement, and Finding Safety
- Separation, Loss, and Grief
- Post-traumatic Stress, Flashbacks and Nightmares
- Power and Threat: Alternatives to Psychiatric Diagnosis
- Systemic Approaches: Trauma Informed Practices for Schools
- Schools as a Secure Base and Secure Base Adults
- Endings and Beginnings
- Organisational Approaches: Restorative Practices, Relational Care Teams © , Recognition and Reward, Motivation, Inclusion and Exclusion.

If you would like more information about this or any other of our services please email us at support@summitpsychologyservices.co.uk